## Poison Prevention

For adults and children alike, common household supplies can be dangerous when ingested, inhaled or in contact with skin or eyes. Additionally, overthe-counter and prescription drugs can have adverse effects if not taken with caution. We offer you the following tips to keep you and your family safe.

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## Household Medicines:

Always follow the directions on the medicine label when you are giving or taking medication. Correct dosage is important.

Medicine should be kept in locked cabinets, out of the sight and reach of children.

Check with your doctor before taking multiple over-the-counter or prescription medications.

Never share prescribed medication with anyone for whom the medication is not prescribed, as dosage and other drug safety concerns vary from person to person.

Periodically clean out your medicine cabinets. Check expiration dates on over-the-counter and prescription drugs and discard those that have expired.

## Household Chemicals:

Always read the label before using a product that may be poisonous or hazardous.

Keep chemicals in thei**omipe**al containers, read instructions and warnings before use.

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Make sure the room you are cleaning or working in is well-ventilated.

Keep chemicals in locked cabinets, away from children and pets.