

Prepare for Spring

[Daylight Saving Time](#), lengthening the day by one hour, typically ushers in springtime. At 2:00 a.m. on Sunday, March 12, 2017, the time officially “springs forward” by one hour to 3:00 a.m. While many smartphones and computers update automatically, you may still need to adjust some clocks in your home before bedtime. Workplace clocks should be adjusted when business resumes after the time change.

Some exceptions exist, including portions of Arizo-